

apimanu®

Traditional Ayurveda Health Care

apimanu LebertoSan® ayurveda contains the active ingredient Silymarin from a special species of the milk thistle plant. Milk thistle (*Silybum marianum*) has been used since Greco-Roman times as an herbal remedy for a variety of ailments, particularly liver problems. In the late 19th and early 20th centuries physicians in the United States used milk thistle seeds to relieve congestion of the liver, spleen, and kidneys. Today, several scientific studies suggest that active substances in milk thistle (particularly silymarin) protect the liver from damage caused by viruses, toxins, alcohol, and certain drugs such as acetaminophen (a common over the counter medication used for headaches and pain; acetaminophen, also called paracetamol, can cause liver damage if taken in large quantities or by people who drink alcohol regularly.)

Many naturopathy doctors recommend milk thistle extract for the prevention and/or treatment of various liver disorders including viral hepatitis, fatty liver associated with long term alcohol use or diabetes, and liver damage from drugs and industrial toxins such as carbon tetrachloride.

Application:



Fatty liver associated with diabetes
 Fatty liver associated with long term alcohol
 Liver damage from drugs
 Liver damage from industrial toxins
 Chronical inflammatory liver diseases



Recommended dose:

3 times daily 10 minutes before a meal with warm water.

*Do not take more than 3 capsules per day.

Active Ingredients of a apimanu LebertoSan® ayurveda capsule:
 180 mg milk thistle extract (80 % Silymarin)
 Ayurvedic herbal extracts

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apimanu LebertoSan® ayurveda helps maintain healthy liver function. This is important because the liver performs more than 500 functions in the body per day and is the last line of defense in handling toxins. The liver detoxifies poisons (such as alcohol and pollutants) that enter our bloodstream. **apimanu LebertoSan® ayurveda** stimulates the flow of bile from the liver, the primary function of which breaks down poisons and fats.

apimanu LebertoSan® ayurveda contains 80% silymarin. Many clinical studies have shown silymarin has therapeutic effects in treating several types of liver disorders such as cirrhosis, chronic hepatitis, and fatty infiltration of the liver.

apimanu LebertoSan® ayurveda is used to treat a number of liver conditions including slowing the advancement of liver cirrhosis. It may be helpful in treating

Hepatitis B. It has been shown to stimulate protein synthesis within the liver, leading to tissue regeneration, fights pollutants, inhibits free-radical damage, and helps skin conditions related to poor liver function.

Biopsies and laboratory studies have demonstrated that silymarin protects the liver from the damaging effects of alcohol and toxic chemicals and stimulates the production of new liver cells to replace damaged ones.

apimanu LebertoSan® ayurveda may also help prevent or treat gallstones by increasing the solubility of the bile.